

Date:

Registration number:

ST. JOSEPH’S COLLEGE (AUTONOMOUS), BENGALURU-27

M.SC. COUNSELLING PSYCHOLOGY - II SEMESTER

SEMESTER EXAMINATION: JUNE 2022

(Examination conducted in January-June 2022)

**PY 8221- Theoretical Foundations of Group Counselling**

Time- 2 ½ hrs Max Marks-70

This question paper contains **ONE** printed pages and **FIVE** sections

**Answer any ONE question from each of the following sections**

**Section A 1X14= 14 Marks**

1. State the advantages of counselling groups for various types of populations.

OR

1. Describe the various psychological risk group members might face while taking part in the group counselling.

**Section B 1X14= 14 Marks**

1. Enumerate the various ways through which one can develop a group leadership style.

OR

1. Explain the three co-leadership models for counselling groups.

**Section C 1X14= 14 Marks**

1. Identify and explain the various factors the group leader needs to attend to in the planning/pre-group stage in group counselling.

OR

1. Describe the various characteristics of the transition stage in group counselling.

**Section D 1X14= 14 Marks**

1. Briefly describe the Basic Listening Sequence (questioning, encouraging, the reflection of feeling, paraphrasing and summarization) in group counselling.

OR

1. Delineate the various ways through which you would establish focus in group counselling.

**Section E 1X14= 14 Marks**

1. Briefly describe the various therapeutic factors in the working stage of the counselling group.

OR

1. Describe the ways through which you would draw out the silent members in groups.

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