

St. Joseph's College (Autonomous)
Mid Semester Examination - August 2019
B.A. Psychology - V Semester
PY5113 - Abnormal Psychology

Time : 1 Hour

Maximum Marks: 30

Section- A

Answer ALL the following questions

(5x2=10 marks)

1. Differentiate between fear and Anxiety.
2. Mention symptoms of specific phobia.
3. Differentiate between moral and neurotic anxiety.
4. After a traffic accident in which John was riding in a red car, the sight of red cars made him fearful. Cars of other colours did not bother him at all. Which of the principles of classical conditioning best explains John's reaction?
 - a. Extinction
 - b. Spontaneous recovery
 - c. Stimulus discrimination
 - d. Stimulus generalization
5. Differentiate between agonists and antagonists.

Section- B

Answer any TWO questions

(2x5=10 marks)

6. Explain the working of the HPA axis.
7. A serial killer becomes a surgeon. Which defense mechanism is this an example of? What function do ego defense mechanisms serve?
8. Jim was a nice looking man in his mid-thirty's. He could trace his shyness to boyhood and his social anxiety to his teenage years. He had married a girl he knew well from high school and had almost no other dating history. He had no friends of his own, except for the couples his wife knew from her work. At times when he felt he simply had to go to these social events, Jim was very ill-at-ease, never knew what to say, and felt the silences that occurred in conversation were his fault for being so backward. He knew he made everyone else uncomfortable and ill-at-ease. What are the biological causal factors and treatment for Jim's social phobia?

Section-C

Answer any ONE question

(1x10= 10 marks)

9. Explain the cognitive behavioural perspective of abnormal behaviour.
10. “The fact is, I’ve always been a worrier, ever since I was a kid. I’d worry about my family and my Mum and Dad (they used to fight a bit). I worried about whether there’d be enough money for me to finish school. I worried about my health – every time I had an ache or pain I was sure I was going to die. I worried about school work, parties, friends. Pretty much everything – you name it, I worried about it. And when I worried I’d get all tense, my stomach would churn, sometimes I’d even break out in a sweat. Joining the army was good for me. I started to worry less – maybe because the army looked after most things in my life and made the decisions for me. I had some good mates and I was pretty good at my job, so my confidence lifted. I still got worried and anxious, of course, but nowhere near as bad. When I turned 45 I decided it was time to get out – quit while I still had a chance of a job on civvy street. And that’s when it all got worse again. As soon as I traded in my cams for a suit, the worries came back as bad as they ever were. What if I couldn’t find a job? And if I did, what if I was no good at it? What if I can’t support the wife and kids? What if I get sick? What if I run out of money? What if.....what if.....what if? It got to the point where I felt physically sick most of the time – tummy upsets, diarrhoea, pains in my neck and shoulders, headaches”.

Name the disorder, symptoms, psychological causal factors and treatment from the above case study.