**ST. JOSEPH’S COLLEGE (AUTONOMOUS), BENGALURU -27**

**B.S.W–VI SEMESTER**

**SEMESTER EXAMINATION: APRIL 2023**

**(Examination conducted in May 2023)**

**SW 6118 – INTRODUCTION TO COUNSELLING**

**(For current batch students only)**

**Time: 2 ½ Hours Max Marks: 70**

**This paper contains TWO printed pages and THREE parts**

**PART-A**

**Answer all the following 10 x 1 = 10**

1. Define Counselling.
2. What is ‘self-disclosure’ in counselling?
3. What is trauma counselling?
4. What is ‘Confrontation’ in counselling?
5. What do you mean by ethics in counselling?
6. “*When have you done something like this before? “ –* is an example of \_\_\_\_\_\_\_ type of question in counselling.
7. Providing help and support to the employees to face and sail through the difficult times comes under \_\_\_\_\_\_\_\_\_ counselling.
8. Prisons and jails are examples of \_\_\_\_\_\_\_\_\_\_\_\_ setting in counselling.
9. \_\_\_\_\_\_\_\_\_ aims to address psychological, behavioral, and emotional issues that cause family problems.
10. Mention different types of empathy.

**PART-B**

**Answer any FOUR of the following 4 x 5 = 20**

1. Write a short note on ‘Empathy’ in counselling.
2. ‘Self-awareness is one of the most effective tools, as a counselor’. Explain.
3. Explain any 3 qualities required for a professional counsellor.
4. Write a short note on evolution of counselling as a professional practice.
5. Briefly explain the role of counselling in deaddiction setting.

**PART-C**

**Answer any FOUR of the following 4 x 10 = 40**

1. Elaborate the need for and importance of counselling in social work practice.
2. Write an essay on the stages of counselling with example.
3. Describe the advanced skills in counselling.
4. ‘Educational institutions must have counsellors to support students in managing their mental health’- Explain with examples.
5. What is the role of counsellor in an industrial setting? Justify the answer with a case study.