**ST JOSEPH’S UNIVERSITY, BENGALURU -27**

Registration Number:

Date & Session:

**M.Sc. COUNSELLING PSYCHOLOGY – III SEMESTER**

**SEMESTER EXAMINATION: OCTOBER 2023**

**(Examination conducted in November /December 2023)**

**PY 9121: MARRIAGE AND FAMILY THERAPY**

**(For current batch students only)**

**Time: 2 Hours Max Marks: 50**

**This paper contains ONE printed page and FIVE parts**

**Answer one question from each section. Each section carries 10 marks.**

**PART-A**

1. Explain attachment theory and use it to explain the five tasks of Attachment-Based Family Therapy.

OR

1. Describe the unique features of Indian families and explain how you would modify family therapy to address these features.

**PART-B**

1. Outline the steps and process of family assessment.

OR

1. Critically evaluate the theoretical contributions of Murray Bowen.

**PART-C**

1. Describe the process of structural family therapy and its unique aspects.

OR

1. Critically evaluate strategic family therapy.

**PART-D**

1. Explicate the treatment techniques of cognitive behavioural couple therapy.

OR

1. Describe the process of Emotion Focused Therapy.

**PART-E**

1. Explain the research findings with relevance to Gottman’s model of couple therapy.

OR

1. Explain the different questioning styles in family therapy with examples. Explain circular questioning in detail.